

Instructions for Completion of Step 1

1. Read pages 1-45 in your workbook.
2. On page 44, complete the pyramid. You must draw pictures.
At the top, in present life circumstances, you must draw a picture of yourself on probation, parole or in this class. In the one year ago real life happenings, draw an event that got you onto probation, parole, or in this class. Continue to draw pictures in the five, ten, and twenty year ago spaces. These must be situations that show a history of bad decision making and they must be situation over which you had some control.
If you are younger than 20, you must still draw in the 20 year ago spaces. In this instance, you must draw something from your childhood that occurred before the ten year ago event.

On the right side of the pyramid, “what could have been” draw what you could have done differently in the 1,5,10,20 year ago spaces to have made the outcome better.
3. You must be ready to stand in front of the group and give a testimony on the items listed at the bottom of page 43. Also refer to page 45 for testimony rules. You may not use your workbook during the testimony.