Dear SDSU students, faculty and staff,

With the two confirmed cases of novel coronavirus in the United States -- in Seattle and Chicago -- and in the interest of ensuring that our campus has current and accurate information, I encourage you to read this message in total.

San Diego State University’s primary commitment is to the safety, health and wellbeing of all campus community members and campus visitors. No confirmed cases of novel coronavirus have been reported in California, and no exposures to the novel coronavirus have been reported in San Diego or at SDSU.

Despite no confirmed cases in the region, we encourage all members to actively engage in healthy habits to help prevent contracting and spreading illnesses. Also, SDSU’s Student Health Services team is actively monitoring the outbreak and known cases in the United States. The team is following the guidance of the Centers for Disease Control and Prevention (CDC). SDSU is also in communication with California Department of Public Health and San Diego County public health officials.

**What is the coronavirus?**

The Centers for Disease Control and Prevention (CDC) is closely monitoring developments around an outbreak of respiratory illness caused by what is considered a new coronavirus. Coronavirus is a type of virus that causes diseases ranging from the common cold to more serious respiratory disease. The novel, or new, coronavirus was first identified in Wuhan, Hubei Province, China, and has since resulted in hundreds of confirmed cases in China.

The CDC reports that patients with novel coronavirus have mild to severe respiratory illness with symptoms of fever, cough, and shortness of breath. Severe illness is more common in people with underlying health conditions or weakened immune systems and older adults, the CDC reports.

**What should I do?**

With increased flu activity in the San Diego region, and the outbreak of
novel coronavirus in Wuhan City, Hubei Province, China, SDSU encourages campus members to take certain active measures to protect against influenza-like illness and respiratory infections.

Students on campus are able to seek medical attention from Student Health Services. If you are feeling unwell and have traveled to Wuhan, China during the month of January, please use a face mask and notify a member of the Student Health Services team by calling 619-594-4325 before visiting the Calpulli Center. Faculty and staff are encouraged to contact their primary care providers for support.

If you have symptoms of influenza-like illness or other respiratory infections, please stay at home and do not come to campus for school or work. Also, contact your healthcare provider to seek medical attention as soon as you are able.

Additional information about the seasonal flu, including details about symptoms, the flu vaccine and healthy and cleaning habits, is available via the Student Health Services Healthy Habits to Prevent the Cold & Flu website.

More Information

Accurate and up to date information about the coronavirus is available on the CDC’s 2019 Novel Coronavirus, Wuhan, China website.

Dr. Rory Brening

Interim Medical Director
SDSU Student Health Services